



www.janedouglass.com info@janedouglass.co.uk 01628 440109



JDFD DANCE CLUBS @ St Mary's School

Dance Classes for Boys & girls

TUESDAYS AFTER SCHOOL year 3 and 4 – SUMMER TERM 2021

JDFD have been delivering dance and fitness classes for the past 24 years, building confidence & skills in dance and fitness. Dance styles including Street & Creative Dance as well as dance games – trust us its really fun!! We are offering a 5 week taster club starting after half term.

We will be adhering to the current rules for after school provision of 15 maximum in the class, social distancing will be observed but we will still have lots of fun. We will be working with the year 3 & 4 group bubble and our wonderful teacher Amy is looking forward to meeting you all.

Please bring water and a non-messy snack to have after school. If you have a PE day then you will do the class in your PE kit. If not you will need leggings or track pants and a t-shirt (maybe a hoody layer as the doors and windows will be open for ventilation) You will need clean trainers for the class. Long hair should be tied back of the face please.

DATES: TUESDAYS 3.30 – 4.30 8th, 15th, 22nd, 29th June, 6th July

BOOKING AND PAYMENT: Please register your child's name at the office if they are interested. To secure a place a payment of **£20 for the 5 week block** will be required. Please ask the office for details of payment.

IMPORTANT: We will require a completed health form for each child – please return this to school for us to have a copy of.



JDFD FITNESS & DANCE www.janedouglass.co.uk info@janedouglass.co.uk

MEDICAL CONSENT FORM/CONTACT SHEET AND HEALTH QUESTIONNAIRE

Surname..... First Name..... Date of birth

Home Address.....

Parental email.....

In the event of an emergency who should we contact?

Contact 1 NAME..... Tel home/work Relationship to child

Contact 2 NAME..... Tel home/work Relationship to child

Health Questionnaire

Please can you tick if your child suffers or has suffered from any of the following: Delete as necessary

Asthma/other breathing condition	heart condition	diabetes	epilepsy
Glandular fever	allergies	arthritis	hearing impairment
Sight impairment	verruca's		

IMPORTANT

If your child has an **inhaler** it is essential you advise the teacher in regard to usage during class

Epi -pens: must be discussed with teacher.

Is taking prescribed medicine. Please give details

Has any learning needs (disclosure is optional but enables us to give the best tailored learning experience for your child)

Is recovering from an illness or operation

Has any discomfort or injury which may be worsened by this kind of activity.

Has your child had COVID 19 ? If so are they fully recovered, as this has implications for exercise prescription

- I confirm that where any of the above applies or becomes applicable, I am responsible for checking with my doctor and advising the teacher where appropriate and for following any guidelines given by either or both of them.
- In the event of my not being able to be contacted I consent to my child receiving medical treatment in an emergency
- I confirm that we are happy for our child/children to be photographed and or filmed during any performances that take place between SEPTEMBER 2020 and SEPTEMBER 2021 and for these images to be used for JDFD publicity.
- I understand that half a terms notice is required if leaving any class. (Leaving may only be at the end of a complete term)
- I understand where I can find the JDFD privacy policy & Safeguarding Policy (found on our website)
- I have read the terms & conditions – which include COVID19 arrangements & agree to adhere to them
- I will not send my child to class if he/she is unwell or if any member of our household & has tested positive for COVID19
- I will inform JDFD if anyone in my household is isolating due to being in contact with an infected person.

Parents signature printed name date