

84437 | Goodness Me! | 1kg

Cooked Chicken 19mm Diced Halal

• Hand diced chicken breast fillet. • Fully cooked so can be served hot or cold. • Individually quick frozen for precise portion control. • Fully printed recyclable packaging for excellent freezer stand-out. • The perfect protein for a salad bowl. • Lower salt content. • Halal approved. • Goodness me! Cooked chicken diced present the caterer with the perfect opportunity to serve a multitude of recipe dishes from one versatile ready to use product. The succulent boneless skinless chicken breast fillets have been fully steam cooked before being hand diced and then individually quick frozen.

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Description

Legal Product Name	Fully cooked whole chicken breast fillets, diced and individually quick frozen.
Unique Marketing Statement	• Hand diced chicken breast fillet. • Fully cooked so can be served hot or cold. • Individually quick frozen for precise portion control. • Fully printed recyclable packaging for excellent freezer stand-out. • The perfect protein for a salad bowl. • Lower salt content. • Halal approved. • Goodness me! Cooked chicken diced present the caterer with the perfect opportunity to serve a multitude of recipe dishes from one versatile ready to use product. The succulent boneless skinless chicken breast fillets have been fully steam cooked before being hand diced and then individually quick frozen.
Brand Name	Goodness Me!

Ingredients

Ingredients	Chicken, Salt. Typically prepared from 134g of raw chicken meat per 100g of finished product.
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	10
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	555 kJ
Energy (Kilocalories)	131 kcal
Fat, Total	2.3 g
Saturated	1 g
Carbohydrate	0.4 g
Sugars	0.4 g
Dietary Fibre, Total	0.4 g
Protein, Total	27 g
Salt	0.56 g
Sodium	223 mg
Cereals containing Gluten (and products thereof)	Does NOT Contain

Allergens	
Wheat	Does NOT Contain
Rye	Does NOT Contain
Barley	Does NOT Contain
Oats	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds	Does NOT Contain
Hazelnuts	Does NOT Contain
Walnuts	Does NOT Contain
Cashews	Does NOT Contain
Pecan nuts	Does NOT Contain
Brazil nuts	Does NOT Contain
Pistachio nuts	Does NOT Contain
Macadamia or Queensland nuts	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain
Dietary Information	
Halal Certified	Yes
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	No
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme
Preparation Suggestions	

Is the product ready to eat?	Defrost and eat: Remove diced chicken breast from all packaging and place on a suitable plate and cover. Place into a refrigerator and defrost overnight or until fully defrosted.
Reconstitution Instructions	N/A
Oven	No
Oven From Frozen	No

Microwave Instructions	From Frozen: Place chicken breast strips in a suitable microwaveable dish and cover with cling film. Re-heat on full power 800W for 2½ minutes. Cooking times vary dependant on microwave wattage and quantity microwaved.
Fry	000
Grill	No
Other	000

Packaging

Do you have any packaging environmental claims?	Recyclable
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