

34080 | Everyday Favourites | 1-16kg

Everyday Favourites Self Raising Flour

Self Raising Flour

Document Published: 01 May 2026, 09:53:36 am

Disclaimer: As we do not manufacture we warrant only that we will transmit accurately product data (ingredient and allergen) as are received by us from the manufacturer/supplier of such product. By accepting product and image information you agree to obtain our written permission before you transmit such product data or images outside your business. You agree to check for updates and refer to the packaging at all times because product data change regularly. You must not alter the product data or images. If despite this you choose to do so we will not be responsible.



Description

Legal Product Name	Self Raising Flour
Unique Marketing Statement	Self Raising Flour
Brand Name	Everyday Favourites
Country of Origin	United Kingdom

Ingredients

Ingredients	Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Folic Acid, Thiamine), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate.
Is the product made from at least 65% British ingredients?	Yes
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	16
------------------------------------	----

Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	1592 kJ
Energy (Kilocalories)	376 kcal
Fat, Total	1.5 g
Saturated	0.4 g
Carbohydrate	79.6 g
Sugars	0.6 g
Dietary Fibre, Total	4.0 g
Protein, Total	8.9 g
Salt	0.855 g
Sodium	342 mg

Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat	Contains
Rye	May Contain
Barley	May Contain
Oats	May Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds	Does NOT Contain
Hazelnuts	Does NOT Contain
Walnuts	Does NOT Contain
Cashews	Does NOT Contain
Pecan nuts	Does NOT Contain
Brazil nuts	Does NOT Contain
Pistachio nuts	Does NOT Contain
Macadamia or Queensland nuts	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	Yes
Kosher Certified	Yes
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes

Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	Sedex Members Ethical Trade Audit (SMETA)
Can any other sustainability claims be made for this product?	no
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	no
------------------------------	----

Packaging

Do you have any packaging environmental claims?	none
---	------

