

38569 | Everyday Favourites | 1kg

Everyday Favourites Savoy Cabbage

Processed From Fresh, Healthy, Washed Outer Leaves From Whole Cabbage Of The Genus Brassica Oleracea L. Cv. Sabauda Dc.

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Description

Legal Product Name	Savoy Cabbage
Unique Marketing Statement	Processed From Fresh, Healthy, Washed Outer Leaves From Whole Cabbage Of The Genus Brassica Oleracea L. Cv. Sabauda Dc.
Brand Name	Everyday Favourites
Country of Origin	Belgium

Ingredients

Ingredients	Savoy Cabbage
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	12
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Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	95 kJ
Energy (Kilocalories)	23 kcal
Fat, Total	0.5 g
Saturated	0 g
Carbohydrate	2.1 g
Sugars	1.9 g
Dietary Fibre, Total	2.8 g
Protein, Total	1.1 g
Salt	0.31 g
Sodium	122 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
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Wheat	Does NOT Contain
Rye	Does NOT Contain
Barley	Does NOT Contain
Oats	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds	Does NOT Contain
Hazelnuts	Does NOT Contain
Walnuts	Does NOT Contain
Cashews	Does NOT Contain
Pecan nuts	Does NOT Contain
Brazil nuts	Does NOT Contain
Pistachio nuts	Does NOT Contain
Macadamia or Queensland nuts	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes

Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	No
Microwave Instructions From Frozen	Microwave - 800W Category E - 5 minsPlace savoy cabbage into a non-metalliccontainer and add 2 tablespoons of water. Cover with lid or microwaveable film. Cook on full powerfor time stated above, then allow to standfor 1 minute, drain and serve.Ensure food is piping hot throughoutbefore serving
Other From Frozen	Boil - High heat reducing down to low for 3-4 mins. Place savoy cabbage in boiling water, cover, return to boil then simmer for time stated. Drain well before serving.

Do you have any packaging environmental claims?	Recyclable
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Packaging