

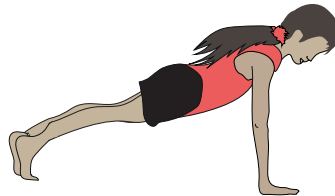


Making big and small shapes on different body parts

Pupils will create big and small balanced shapes on different body parts.

Suggested Structure:

- Pupils explore creating big and small shapes (balances) on the floor in a variety of ways.
- Can pupils describe which shapes are 'big' and which shapes are 'small'?



Give pupils somebody parts to try balancing on.

Challenge pupils to create a 'big balance' and then transition into a small balance.



Key Questions

- What different parts of our bodies can we make big and small champion shapes on?
- Can we see why some pupils are champions?
- Can you point your fingers and toes while balancing?
- Are you able to hold your balance completely still?

Champions can hold their balances still whilst pointing their fingers and toes.

P

Can pupils create balances using different body parts?

C

Can pupils experiment balancing in different ways?

S

Can pupils listen to other pupils' ideas?

W

Can pupils be brave and think of their own ways of balancing?

